

### Alex Otoupal, Principal Ken Roberts, Associate Principal Jennifer Johnson, Administrative Intern/Teacher

## SEL 3 Signature Practices

### Creating the Conditions for Adult Learning

### 1. Welcoming Inclusion Activities

Participants bring experience and expertise - use it

1. Engaging Strategies

Sense making and transitions

1. Optimistic Closure

Reflections and looking forward

"Social and emotional learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and *make responsible decisions*." - CASEL

### "Unlocking the power of emotions"

Recognize

Understand

Label

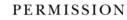
Express

Regulate

### Emotions are co-regulated

- □ Understand that emotions matter
- Don't assume
- □ Be a role model
- □ Check in

"I cannot recommend Presision to Ferf enough. . . . Practical, tactical, actionable. My favorite kind of book. I just loved it." **-BRENÉ BROWN** 





THE POWER OF EMOTIONAL INTELLIGENCE TO ACHIEVE WELL-BEING AND SUCCESS

Marc Brackett, Ph.D.

## HOW ARE YOU FEELING?



#### III. Action Plans

The board directs the superintendent to develop action plans which will result in measurable progress towards achieving the following goals:

A. Student Learning: Enhance academic supports and processes to increase student learning.

B. Culture & Climate: Increase student and staff sense of belonging.

C. Deploy Resources: Achieve equitable outcomes for students in alignment with student equity action plans.

D. Curriculum and Evidence-Based Instructional Practices: Advance student learning through cultural connections.

E. Equity Lens: Application of an equity lens for policy amendments and adoption.

F. Professional Staff: Hire and retain professional staff whose practices align with the district's equity policy and goals.

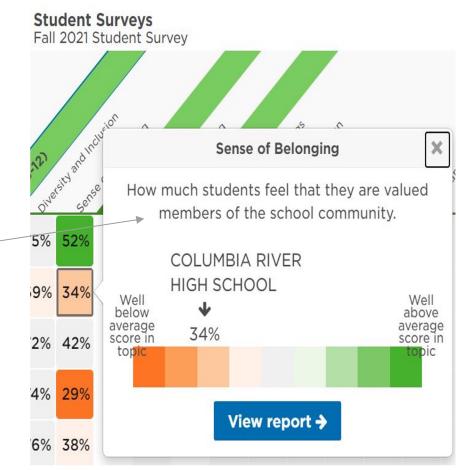
#### IV. Progress Monitoring

The superintendent and/or designee will provide quarterly progress monitoring reports and annually report to the board regarding the implementation of this policy. quarterly monitoring reports and relevant data points to assess implementation progress and make recommendations. Additionally, the board will annually review this polic

Adopted: February 8, 2022

## 1st Round of Student Feedback

Keeping our eye on the ball



**Essential Question:** What will you do to ensure ALL at River experience belonging, equity and excellence?

Current Module

Weekly Schedule: January 10-21, 2022

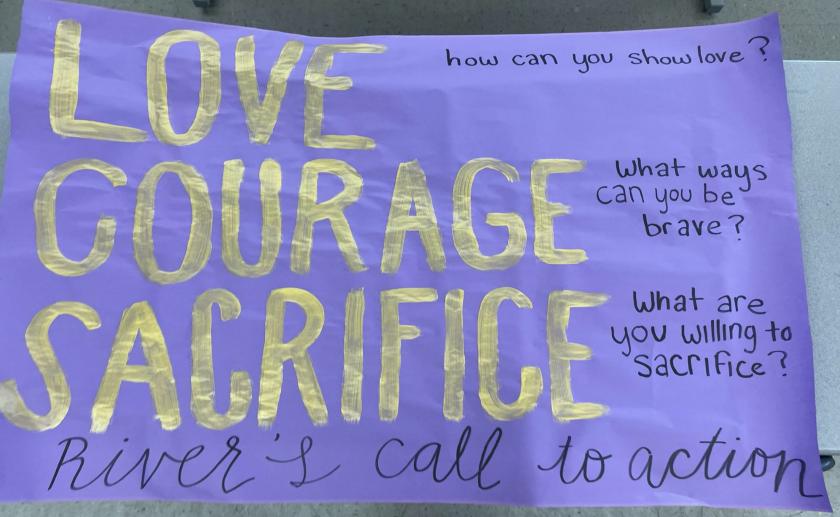
Essential Question:	What will you do to ensure ALL at River experience belonging, equity and excellence?
 No Wednesday meeting this week Jan 19, 2022 Teachers review the <u>Magnet Night Re-Cap</u> e	<ul> <li>Magnet Night - <u>Slide</u> ø deck and <u>video ReCap</u>ø</li> <li>We will begin preparing for IB Magnet Application review and workshops with applicants</li> </ul>
💥 Due Today 💢	<ul> <li>Review the <u>bulletin</u> ↓ and <u>video</u> ø regarding our plan to move to River Remote 3.0</li> <li>Send us a name of a student who would benefit from extra support through our <u>MTSS</u> ø Teams. MTSS Teams meet weekly: <ul> <li>9th Grade: Nick, Heidi and Mark</li> <li>10th Grade: Ken, Ashley and Big Nate</li> <li>11th Grade: Rob, Rachael and Maddie</li> <li>12th Grade: Alex, Jenn and DP</li> </ul> </li> </ul>
♂ To do this week	<ul> <li>Complete your Self - Assessment and articulate your Student Growth Goals in <u>eVAL</u> <i>φ</i></li> <li>Review VPS's 2021-22 Professional Learning Outcomes - Here is the <u>link</u> <i>φ</i></li> </ul>

#### This Week's Schedule:

Monday: January 18: <u>Two Hour Late Remote Bell Schedule</u> ø Tuesday- Friday: <u>"River Remote 3.0</u> ø " Six Period Day Check out <u>this week's bulletin</u> ø of activities and events

## **Essential Question**

### Keeping our eye on the ball



# So, now what?

Keep conversations going "Solutions are in the room"

- ASB/Leadership January 27
- MLK/ Erin Jones/ DEC February 4
- Staffulty Data Dive February 9
- Love Week February 14- 18
- Principal's Council March 4

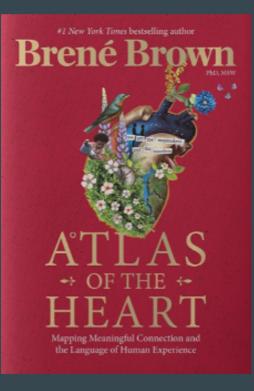
Culturally Responsive Education & continued work with effective planning Teaching & Learning

"Round 2" (May 2022)

Until then... be a JEDI Warrior



#### **Recommended Reading:**



"Because we can feel belonging only if we have the courage to share our most authentic selves with people, our sense of belonging can never be greater than our level of self-acceptance."

## For More Information

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