

# Cyberbullying: What Should Students Do

**Cyberbullying:** use of information and communication technologies to support deliberate, repeated, and hostile behavior by an individual or group that is intended to harm others



# Common Forms of Cyberbullying

**Flaming and Trolling:** sending or posting hostile messages intended to “inflamm” the emotions of others



**Rumor Spreading:** spreading gossip through e-mail, text messaging, or social networks

# Common Forms of Cyberbullying

**Happy-Slapping:** recording someone being harassed or bullied in a way that usually involves, physical abuse; then posting video online for public viewing



**Identity Theft/Impersonation:** stealing someone's password or hijacking their online accounts to send or post incriminating or humiliating pictures, videos, or information

# Common Forms of Cyberbullying

**Photoshopping:** doctoring digital images so that the main subject is placed in a compromising or embarrassing situation online for public



**Physical Threat:** sending messages that involve threats to a person's physical safety

# How to Stop Cyberbullying: What Students Say They Should Do

- Block messages/identities (74.9%)
- Tell someone—parent/teacher (63.3%)
- Change email address/phone number (56.7%)
- Keep a record of offensive emails/texts (46.5%)
- Ignore it (41.3%)
- Report to police/other authorities (38.5%)
- Contact service provider (31.1%)
- Ask bully to stop (21.4%)
- Fight back (19.6%)

(Smith, Mandavi, Carvalho, Fisher, Russell, & Tippett, 2007; pp. 376-385)

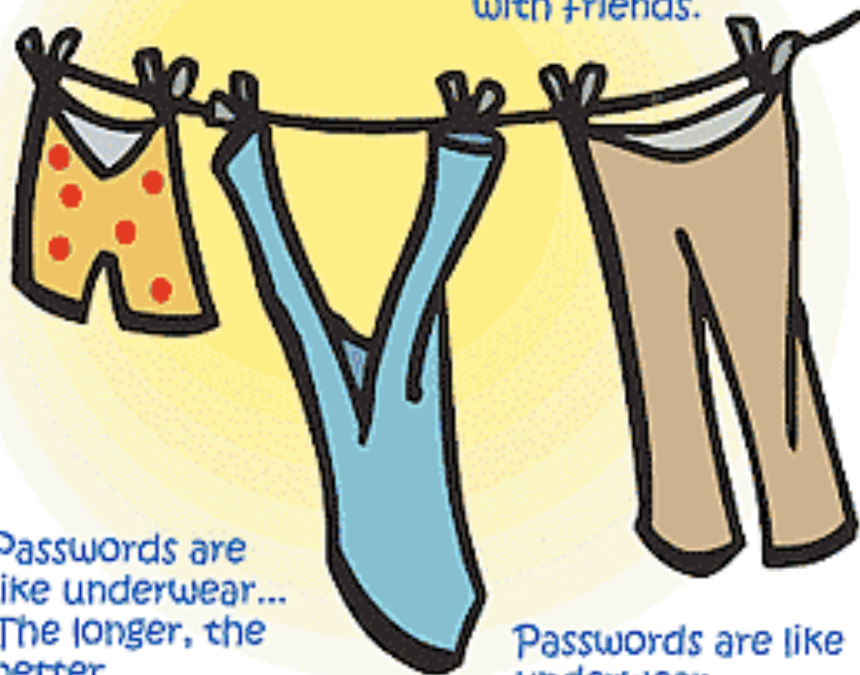
# What Else Can Students Do?

- Never share PIN numbers or post phone numbers on social networking sites
- Tell a trusted adult
- Do not delete messages; they can be used to take action
- Block cyberbullying through chat rooms and instant messaging
- Do not open messages from someone unknown
- Do not reply to the person cyberbullying!

## Passwords Are Like Underwear

Passwords are like underwear...  
Change yours often.

Passwords are like underwear...  
Don't share them  
with friends.



Passwords are  
like underwear...  
The longer, the  
better.

Passwords are like  
underwear...  
Be mysterious.

Passwords are like  
underwear...  
Don't leave yours  
lying around.



# Case Studies

# Question and Answer Session

